Recess Runners Tracking Sheet

Due to the lack of volunteers this year for Recess Runners, we will only be offering Recess Runners once a week during recess time on Wednesdays. In order to give students the best chance of achieving their goal of running a marathon, we are allowing students to run laps once a week (or 4 times per month) and have parents/guardians count and record them. Please fill out the form below and submit it at least every two months so we can update our master tracking sheet. Students should also be participating in Recess Runners on Wednesdays during their lunch recess. This is to be supplemental, not a replacement to participating during recess. Students will earn a shoe token for every 50 laps completed and a marathon t-shirt once 262 laps have been completed. Only one t-shirt per school year will be awarded.

Instruction: Set a timer for 20 minutes and count your student's laps. Feel free to join in and run with them! Have fun! (Please fill out one form per student.)

Date	Laps Run	Date	Laps Run

Parent Signature

Place completed forms in the Recess Runners basket in the entry way near Volunteer computer or have student turn in the form to the student's teacher.

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